

Tuesday 23rd March

Dear parents and carers,

On Monday 29th March we will be taking part in a sponsored walk to raise money for Grief Encounter. Grief Encounter work closely with individuals, families, schools and professionals to offer a way through the anxiety, fear and isolation so often caused by grief. They do this by arranging phone calls to their helpline; running 1:1 counselling sessions; and by organising days out for up to 70 bereaved children and their families at one time. All the money raised will go to supporting the charity and their work.

Follow the link below to see more of the great initiatives that they have to offer:

<https://www.griefencounter.org.uk/event/the-forget-me-not-walk/>

As a school and parish, we have lost friends and family in recent times and feel that this particular cause is worthy of our support during Lent as an outward expression of our support to one another and beyond.

The 'Forget-me-not' walk is based on the number 26 as it costs £26 for a phone session, £260 for a 1:1 counselling session and £2,600 for the day out for 70 bereaved families. For this reason, we will be completing 26 laps collectively on the playground or on streets that surround the school. Contributions from each class are as follows:

- Rec/Nursery will do 1 lap.
- Year 1 will do 2 laps
- Year 2 will do 3 laps
- Year 3 will do 4 laps
- Year 4 will do 5 laps
- Year 5 will do 5 laps
- Year 6 will do 6 laps.

We will complete our objective in the most Covid-secure fashion and older children will be following a loop around the neighbouring streets of the school to minimise the risk of crossing the road.

We appreciate any donations that you are able to give and ask that you contribute using our allotted 'Just Giving' account that is linked to the event – all proceeds will go directly to Grief Encounter. There is no obligation to donate but please follow the link below should you wish to do so: <https://www.justgiving.com/fundraising/st-gregoryswalk>

Thank you in advance for your support,

St Gregory's Catholic Primary School

